

# FOCUS Bereavement Resource List

## 1. Programs for Parents

- a. The Compassionate Friends [www.tcfatlanta.org](http://www.tcfatlanta.org)
- b. Cry For Me, No More [www.cryformenomore.com](http://www.cryformenomore.com)
- c. Grief Share [www.griefshare.org](http://www.griefshare.org)

## 2. Programs for Siblings

- a. The Link's Counseling Center [www.thelink.org](http://www.thelink.org)
- b. Rainbows [rainbows.org](http://rainbows.org)
- c. Kate's Club – a retreat and series of programs for children who have lost a parent or sibling. For more information, call 770-618-4474 or go to <http://www.katesclub.org/>.
- d. Scottish Rite – call the Chaplain's office at 404-785-2160 for meeting times for the sibling bereavement support group. Traditionally, it has been the 2nd Tuesday of the month at 7:15 pm.
- e. The Compassionate Friends Atlanta – has a support group for siblings age 12 and up. 7:30 PM on the second Tuesday of every month. <http://www.tcfatlanta.org/sibling.html>

## 3. Programs for Families

- a. Camp STARS [vnhs.org/resources/camp-stars/](http://vnhs.org/resources/camp-stars/)

## 4. Books for Children

- a. I Miss You: The First Look at Death By Pat Thomas
- b. The Invisible String by Patrice Karst

- c. Someone I Love Died by Christine Harder Tangvald
- d. When Dinosaurs Die: A Guide to Understanding Death (Dino Life Guides for Families) By Laurie Krasny Brown
- e. The Saddest Time by Norma Simon
- f. The Next Place by Warren Hanson
- g. Sad Isn't Bad: A Good-grief Guidebook for Kids Dealing with Loss by Michaelene Mundy
- h. Bereaved Children and Teens: A Support Guide for Parents and Professionals by Earl A. Grollman
- i. Children Grieve, too: A Book for Families Who Have Experienced a Death by Joy Johnson, Marvin Johnson
- j. The Grieving Child: A Parent's Guide by Helen Fitzgerald

#### **5. Books for Siblings**

- a. Beyond the Broken Heart: A Journey Through Grief by Julie Yarbrough
- b. I Wasn't Ready to Say Goodbye: Surviving Coping and Healing After the Sudden Death of a Loved One by Brook Noel and Pamela D. Blair
- c. Death Is Hard to Live With: Teenagers Talk About How They Cope with Loss by Janet Bode
- d. Straight Talk About Death for Teenagers: How to Cope With Losing Someone You Love by Earl A. Grollman

#### **6. Books for Parents**

- a. Beyond Tears: Living After Losing a Child by Ellen Mitchell and Carol Barkin
- b. A Broken Heart Still Beats: When Your Child Dies by Anne McCracken (Editor), Mary Semel (Editor)
- c. Every Step of the Way: How Four Mothers Coped with Child Loss

- (Paperback) by Yvonne Lancaster (Author), Anne Dionne (Author), Deborah LeBouf Kulkkula (Author), Jane Maki (Author)
- d. Help Your Marriage Survive the Death of a Child by Paul C. Rosenblatt
  - e. Letters To My Son a journey through grief by Mitch Carmody
  - f. Remembering With Love: Messages of Hope for the First Year of Grieving and Beyond by Elizabeth Levang, Sherokee Ilse
  - g. When the Bough Breaks: Forever After the Death of a Son or Daughter -- Judith R. Bernstein, Nora Donaghy (Editors)
  - h. How to Survive the Loss of a Child: Filling the Emptiness and Rebuilding Your Life by Catherine M. Sanders
  - i. When Good-Bye Is Forever: Learning to Live Again After the Loss of a Child by John Bramblett

## **7. Therapeutic Activities**

- a. Help Me Say Goodbye: Activities for Helping Kids Cope When a Special Person Dies by Janis Silverman (book)
- b. Writing a Goodbye Letter  
[www.therapistaid.com/therapy-worksheet/goodbye-letter/none/none](http://www.therapistaid.com/therapy-worksheet/goodbye-letter/none/none)
- c. Making a Memory Box [www.preferredhospice.com/pages/teen\\_grief/](http://www.preferredhospice.com/pages/teen_grief/)

## **8. Websites**

- a. 7 Things I've Learned Since the Loss of My Child by Angela Miller  
<https://abedformyheart.com/>

## **9. Poems**

- a. Ascension by Colleen Corah Hitchcock
- b. A Mother's Day Gift to God by Sheila Simmons

## **10. Article**

- a. What to Do When a Someone Close to You Dies?

**11. Song**

a. With Hope Lyrics by Stephen Curtis Chapman